



JOLIMONT ENDOSCOPY

19/201 Wellington Parade South
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QUARTERLY NEWSLETTER
JANUARY 2015

CAPSULE ENDOSCOPY



actual size

'PillCam' is now well established as the next step in the investigation of anaemia not explained by gastroscopy and colonoscopy. The yield in the setting of true iron deficiency anaemia is around 50%.

Capsule endoscopy is a simple outpatient procedure which does not require bowel preparation or sedation – the patient simply prepares with clear fluids, has belt... recorder placed around their waist, and swallows the activated capsule (which is a little larger than a jelly bean). The capsule continuously transmits thousands of images to the data recorder, and although the battery life is in excess of 12 hours, a standard eight hour study usually interrogates the entire small intestine. The images are then downloaded to a computer, and proprietary software is used to review them.

The capsule is usually passed into the toilet within a few days, and the risk of retention is less than 1%, unless Crohns is known or suspected, when it is much higher. This is one of the few relative contraindications to PillCam, as well as dysphagia, previous small bowel obstruction, and impending MRI.

2014 brought some positive changes to the item number (11820) for PillCam, particularly that the requisite gastroscopy and colonoscopy no longer need to be performed within six months of the PillCam procedure. Importantly, however, the patient must have recurrent or persistent anaemia or active bleeding, and cannot have more than two PillCams in 12 months. PillCam is also funded (11824) for surveillance of known Peutz Jeghers Syndrome (a vanishingly rare condition of intestinal polyposis) once every two years.

Jolimont offers capsule endoscopy to your patients with unexplained anaemia who have had gastroscopy and colonoscopy. The procedure is completely Medicare-rebated, so there will be no out of pocket cost even if the patient is not insured.

If you think your patient may need a PillCam, please contact us on **(03) 9654 8033** to discuss the clinical situation, or fax a referral to **(03) 9650 9998** – we will let you know if the criteria are met, and can usually arrange the procedure within the week.

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**Jolimont Endoscopy** is a registered Day Procedure Centre  
& has 3 year **IS9001:2008 Accreditation.**



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## NSQHS

New National Standards were introduced in 2011 By the Australian Commission in Safety and Quality in Healthcare .The introduction of new stringent standards has been embraced by Jolimont and we have had compliance with yearly audits.

## WEB Site [www.jolimont.com.au](http://www.jolimont.com.au)

Here you will find information for patients, admission and other useful forms.

The site also offers consumers, patients and carers access to information regarding our procedures and risks related to having such procedures.

**Health Care Rights and Privacy Statement can be viewed on line.**



## Patient Survey

We do monitor patient satisfaction by random survey and the latest resulted in positive rates of above 94% and comments and results are on display.

We have also updated our website to include the preparation before each procedure as was suggested by a patient.

100% of patients surveyed would recommend and choose Jolimont again.

## Performance Indicators

Jolimont regularly collect data to support a safe and high quality of care through clear and transparent reporting. Indicators collected include

- Use of Antibiotics post Procedure
- Incidence of falls
- Cancellations
- Transfers to Hospital
- Follow Up phone calls to patients
- Incidents /Adverse outcomes

Audits are also done regularly to check policies are followed, compliance with the NSQHS standards is maintained and to ensure successful Accreditation.

## Infection Control

Infection Control aims to prevent pathogens being passed from one person to another. At Jolimont our basic procedures include decontamination and disinfection of the endoscopes between each procedure to ensure no risk of transmission, wearing of gloves and hand washing between each patient.

## Hand Hygiene

Effective hand Hygiene is the single most important strategy in preventing health care associated Infections. Jolimont send information to National Health Performance Authority on Hand Hygiene `moments' data 3 times a year to be uploaded to website [www.myhospitals.gov.au](http://www.myhospitals.gov.au)

A Hand Hygiene moment is where staff are expected to wash or disinfect their hands.

- Before touching a patient
- Before a procedure
- After a Procedure or body fluid exposure risk
- After touching a patient
- After touching a patients surroundings

The National Benchmark for this data is 70% and Jolimont's compliance rate is currently 87.9 %.